

ANGER: What should we do when we get really mad?
James 1:21; Ephesians 4:31-32

ANGER CAN LEAD US INTO A MINEFIELD OF TROUBLE!

- *An angry person is _____ (Proverbs 22:24-25)*

- *_____ & _____ always follow an angry person (Proverbs 29:22)*

- *Anger gives Satan a _____ (Ephesians 4:26-27)*

TAKE YOUR ANGER SERIOUSLY!

- *Admit there is a problem.*

- *Take out the trash.*

- *Pursue “shalom.”*

FRAMEWORK FOR RELATIONSHIPS: